



Natural Life  
Choices,™ Inc.

# GRILLED PINEAPPLE WITH PEPPER AND VANILLA ICE CREAM



## INGREDIENTS:

- » 1 big pineapple
- » 4 teaspoon of brown sugar
- » 2 tablespoon of rum
- » 1 teaspoon ginger powder
- » Few branches of mint
- » Few branches of basil
- » 2 teaspoon of pink pepper
- » Vanilla ice cream



## PREPARATION:

Peel and cut pineapple into thick slices. Mix sugar, rum and ginger powder then add slices of pineapple. Put into refrigerator for 60-90 minutes. Using the grill sticks, grill pineapple for 5-7 minutes on each side. Serve with ice cream and sprinkle with fresh herbs and pink pepper.

**Bon Appetite!**

*"I have the strength for everything through him who empowers me." (Philippians 4:13)*