



Natural Life  
Choices,™ Inc.

# LENTIL SALAD WITH SAUSAGE



## INGREDIENTS:

- » Small piece of fresh organic sausage
- » 1lb lentils
- » ½ carrot
- » ½ celery root
- » ½ parsley root
- » 1 glove of garlic
- » Small piece of leek
- » 1 tablespoon of glee
- » Salt, black pepper



## PREPARATION:

Wash lentils and cook with all listed above vegetables. Do not cook for long as lentils should be al dente. Strain the vegetables and lentils. Cut the vegetables into small pieces. Warm up a little butter and sauté vegetables; add the salt and black pepper, lentils and sausage cut into small slices. Cook for medium heat for a couple of minutes. You can sprinkle with fresh ground black pepper.

**Bon Appetite!**

*"I have the strength for everything through him who empowers me." (Philippians 4:13)*