

RED BEET CHIPS



INGREDIENTS:

- » 2-3 red beets
- » 1 tablespoon of olive oil
- » Salt



PREPARATION:

Preheat oven to 350°F. Peel beets and cut into fine slices and season with olive oil and salt. Then place them into even layer on a baking sheet and bake for 20 minutes. Remove from oven and allow to cool right on the backing sheet.

Bon Appetite!