



Natural Life
Choices,™ Inc.

RED CABBAGE SALAD



INGREDIENTS:

- » ¼ small head of red cabbage
- » 1 apple
- » 1 bunch flat leaves parsley
- » ½ cup of radish microgreens
- » Himalaya pink salt, black pepper and spices which you like



PREPARATION:

Shred cabbage, wash apple and cut for small parts. Mix together. Add the spices and sprinkle with cut parsley and radish microgreens.

Bon Appetite!

"I have the strength for everything through him who empowers me." (Philippians 4:13)