



Natural Life
Choices,™ Inc.

ROASTED RADISH AND ASPARAGUS



INGREDIENTS:

- » 1 bunch of asparagus
- » 3 bunch of radishes
- » 2 tablespoons of olive oil
- » Salt, fresh ground black pepper, fresh thyme mix with sesame seed



PREPARATION:

Preheat oven to 400°F. Wash radishes and asparagus. Cut off the “wooded part” of asparagus and leaves from radishes. Cut radishes into halves. Mix radishes and asparagus with salt, spices and olive oil. Roast for 20 minutes.

Bon Appetite!

“I have the strength for everything through him who empowers me.” (Philippians 4:13)