



Natural Life  
Choices,™ Inc.

# TUNA INTO TOMATO CURRY SOUSE SERVE WITH PASTA



## SHOPPING LIST:

- » **Fresh tuna steak**
- » **Tomato**
- » **Bulb of fennel**
- » **White wine**
- » **Scallion**
- » **Garlic**
- » **Curry powder**
- » **Sweet paprika**
- » **Cilantro**